Vegan Chili Dog

A tasty plant-based twist on the classic Coney Island hot dog specialty, featuring texturized soy protein minced crumbles.

Ingredients



- 1 small onion, finely diced
- 2 Tbsp minced garlic
- 2-2¹/₂ cups vegetable broth
- 1 cup texturized vegetable protein (tvp) minced *
- 4 Tbsp (¹/₄ cup) tomato paste
- 2 Tbsp soy sauce
- 1 Tbsp maple syrup
- 1 tsp Thai chili garlic sauce
- 1 tsp Worcestershire sauce**
- 1¹/₂ Tbsp chili powder
- 1 tsp ground mustard
- $1\frac{1}{2}$ tsp garlic powder
- 1 tsp onion powder
- 1 tsp smoked paprika
- 1 tsp paprika
- 1 tsp cumin
- ¹/₂ tsp black pepper
- $\frac{1}{4}$ tsp cinnamon
- Salt to taste (optional)
- 8 vegan hot dogs and hot dog buns
- condiments such as diced onions and mustard (optional)

Instructions

- 1. On low to medium heat, sauté the onion and garlic for 3-4 minutes.
- 2. Add the remaining ingredients, except the hot dogs, buns, and condiments.
- 3. Stir until well combined and allow to simmer for 5-10 minutes, until the sauce is thick. Add broth if needed and adjust seasonings to taste.
- 4. Serve over hot dogs and dress with diced onions and mustard.

Notes

* If you prefer not to use tvp, you can use cracked bulgur wheat or kasha (buckwheat).

** If you are vegetarian or vegan, be sure to review the ingredients on the Worcestershire sauce bottle. Lord Sandy's makes a vegetarian Worcestershire sauce.